

What the Stonewall Generation Wants from You

Presenters

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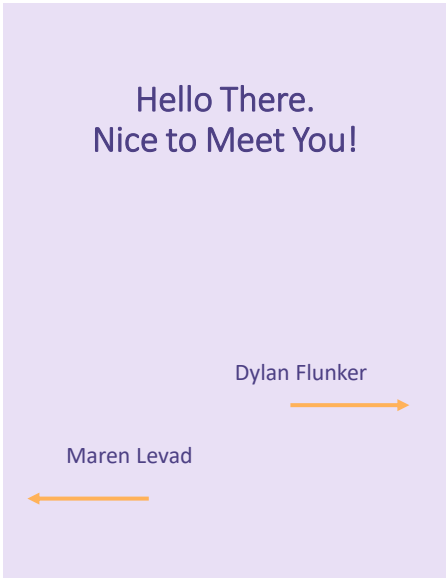
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Describe the perfect lunch. Get detailed.
What's on the menu? How is the table
set? What time is it?



2



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The mission of Rainbow Health MN is to work for equitable health care access and outcomes for people who experience injustice at the intersection of health status and identity.

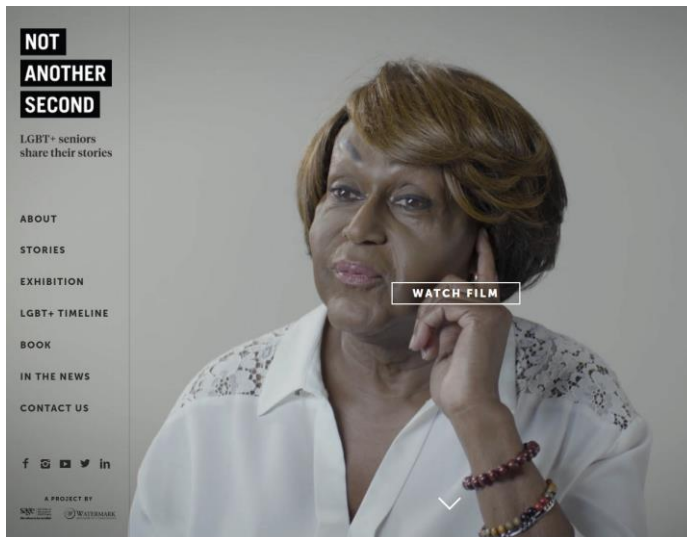
We center individuals and communities at risk of and living with HIV or facing barriers to equitable health care access and outcomes because of their identity as gender, sexual and/or racial minorities.



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Sex Gender Sexuality

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LGBTQ Elder Statistics

34% fear having to re-closet themselves when seeking senior housing

2x as likely to be single and live alone

4x less likely to have children

54% receive care from a partner

25% receive care from a friend

50% of transgender individuals have taught their medical providers about transgender care



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The Stonewall Generation is the first LGBTQ generation to enter aging institutions having lived "out of the closet."



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Describe a time you felt carefree. Where were you? Who were you with? What were the smells? The sounds?

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HEALTH**

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What They've Told Us

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HEALTH**

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2012 TC LGBTQ Elder Statistics

Nearly **twice** as likely to be caregivers

Less likely to have a caregiver.

Half as likely to have children.

More likely to live alone.

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"I suspect that if a gay person has enough money and prestige s/he can buy the aging services needed. But, no amount of money or prestige can buy respect."

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HEALTH**

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2020 Dementia Interviews

Conducted with 38 community members



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"Fears of losing the thread of connections and relationships that are meaningful. That worries me and makes me fearful. And the idea of not having people I trust oversee my care, the idea of being under the care of someone who might not treat me well as a queer trans person makes me scared."



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*“What kinds of planning resources are available - especially as an aging gay man with no kids – so much care falls to the next generation, but where is *my* support network?”*



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Constant
Information Sharing



Perceived lack of
safety net



Fear of isolation



Targeted Inclusive
Marketing



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- How do transgender older adults experience the quality and welcome of health services and aging services?*
- What do health services and aging services need in order to provide effective, appropriate care to this population?*

MN Transgender Aging Project

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"I think in situations where other people have care and control over you, whatever biases they are carrying they can bring to you in that setting and you're not able to do much to protect yourself"

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"I know how vulnerable a nursing home patient can be. A lot of very intimate bodily needs.... I've heard of people anecdotally who actually detransition when they go into a nursing home for that reason, which wouldn't be possible for me. I've contemplated simply stepping in front of a bus or something rather than going into a nursing home."



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LGBTQ Older Adults and COVID-19

- Increased difficulty accessing health care
- High rates of mental health challenges/distress
- Concern about getting COVID-19/passing COVID-19 to others
- More likely to have had COVID
- 32% had a family member or close friend die of COVID-19



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Make a list of songs you can listen to on repeat. Put a song on the list that sends you back. Put a song on the list that gets you dancing.

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HEALTH**

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The Listening Continues

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HEALTH**

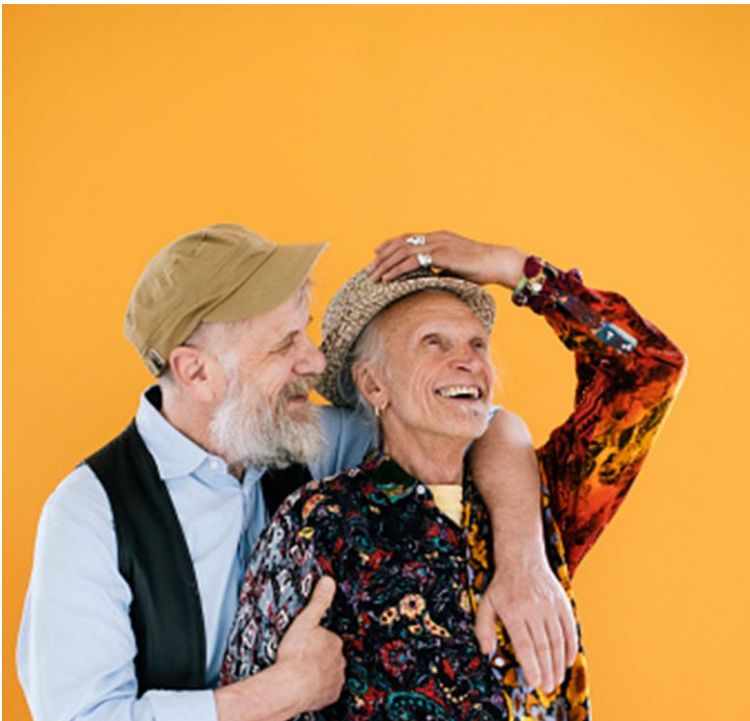
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Needs Assessment



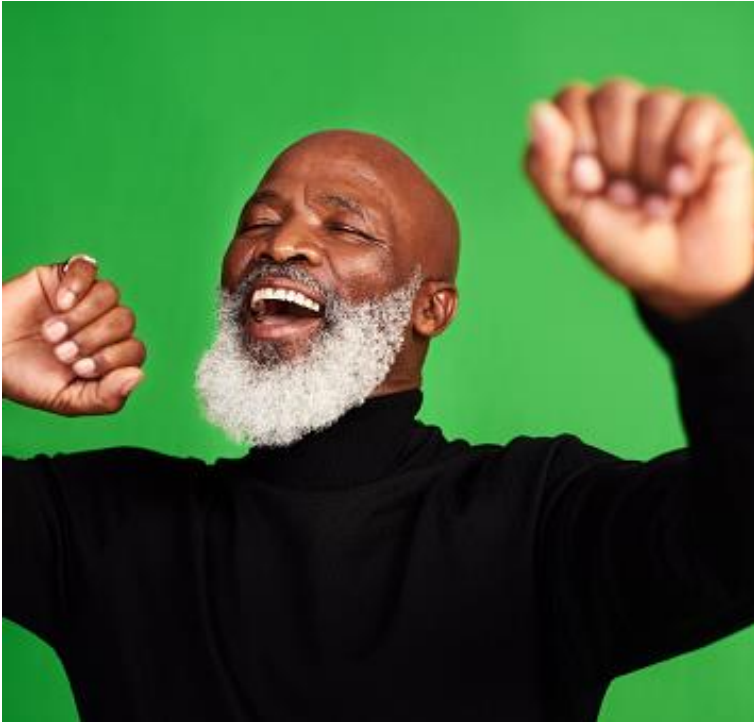
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Community Conversations



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Voices of Health



25



Who makes you feel like you matter?



26

Sounds Good, But What Can I Do?



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STAFF TRAINING



EMPLOYEE POLICIES



LANGUAGE



MARKETING



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Let's Get Real for a Sec

We're still in a health crisis

How will we gather in the future?

This is a diverse, sometimes
disconnected community

Intersectionality radically complicates
the picture



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Tell Us What's Missing

What questions do you need answers to
in order to do your work more
inclusively?

Who do you look to for leadership in this
community?

What voices do you want to hear from?

What are your concerns?



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Look back at your writing prompts today.
What are three themes or adjectives that
you would say arose from your answers?

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We all deserve to feel at ease.
We all deserve to be well fed.
We all deserve to hear our song.
We all deserve to be seen as we are.

**RAINBOW
HEALTH**

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